

**San Bernardino County Sheriff**  
**Winter/Alpine SAR Personal Equipment**

**Personal**

Backpack, 3800 – 4200 cu. in.	[ ]
Bivy bag	[ ]
Sleeping bag, 15-30 degF	[ ]
Sleeping pad	[ ]
Shelter, tarp or tarp-tent	[ ]
Cup, insulated	[ ]
Eating utensil	[ ]
Stove	[ ]
Metal pot to melt snow	[ ]
First aid kit	[ ]
Personal medication	[ ]
Compass w/ adj. Decl, mirror, & ruler	[ ]
Flagging tape (roll)	[ ]
Headlamp (with extra batts/bulb)	[ ]
2 <sup>nd</sup> light source (with extra batts/bulb)	[ ]
Food (2 Days)	[ ]
Knife / multi-tool	[ ]
Lighter (reliable fire starter)	[ ]
Sunscreen	[ ]
Lip protection	[ ]
Sunglasses, wraparound or w/ side blinders	[ ]
Map and waterproof case	[ ]
Notebook and pencil (rec. waterproof)	[ ]
Nylon cord, lightweight, 50'	[ ]
Plastic bags, 2, heavy duty trash bags	[ ]
Toilet paper (recommend ziplock bagged)	[ ]
Personal hygiene items (toothbrush, etc)	[ ]
Tracking stick (can use trekking poles)	[ ]
Trekking/ski poles	[ ]
Watch (recommend altimeter/watch)	[ ]
Ski goggles	[ ]
Water bottle(s), 2, wide mouth, 32 oz min.	[ ]
Whistle, plastic	[ ]
Duct tape	[ ]
Steel wire	[ ]

**Clothing**

1 <sup>st</sup> Layer – Top and Bottom: synthetic long underwear (lightweight or midweight); second set recommended	[ ]
2 <sup>nd</sup> Layer – Top: windshirt or lightweight fleece; Bottom: softshell or wool pants	[ ]
3 <sup>rd</sup> Layer – Top: softshell, mid/heavy fleece, or windstopper jacket	[ ]
4 <sup>th</sup> Layer – Top: synthetic or down insulating jacket; Bottom (opt.): synthetic insulating pants	[ ]
5 <sup>th</sup> Layer – Top: hardshell (wind and rainproof) jacket; Bottom: hardshell pants or bibs	[ ]
Gloves - liners or softshell, 2 pair	[ ]
Gloves - hardshell, leather palms	[ ]
Balaclava or knit cap, lightweight (rec. 2)	[ ]
Socks, winter heavy weight, 2 pair	[ ]
Boots, winter mountaineering	[ ]
Gaiters	[ ]

**Technical Equipment**

Rappel rings, 2	[ ]
Dynamic callout rope, 9-10mm x 75-100'	[ ]
Carabiners, 4-6 locking & 1 pear-shaped	[ ]
Cordelette, 7-8mm x 25-30'	[ ]
Crampons (properly fitted!) and repair kit	[ ]
Helmet	[ ]
Ice axe and leash (sized)	[ ]
Purcell prusik set	[ ]
Rappel device (ATC, B-52, etc.)	[ ]
Pulley, personal prusik-minding, w/ prusik	[ ]
Seat harness	[ ]
Snow shoes	[ ]
Snow shovel	[ ]
Webbing, 2 piece, 20'-30' each	[ ]
Snow picket 24" (rec. MSR Coyote)	[ ]
Avalanche transceiver (Dept. issued)	[ ]

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